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CANADA

HOW TO TAKE CARE OF HOUSEHOLD WASTE

THE LITTLE BLUE BOOKS
HOUSEHOLD SERIES

ISSUED BY
DEPARTMENT OF HEALTH, CANADA
OTTAWA

"Three persons out of four are utterly unaware of the general causes of their own ill-health, and of the ill-health of their children. They talk of their 'afflictions,' and if they be pious people, they talk of the 'will of God' and of the 'visitation of God.' I do not like to trench upon those matters, but when I read in my Book and in your Book that 'it is not the will of our Father in Heaven that one of these little ones should perish,' it has come to my mind sometimes with very great strength that may have a physical application as well as a spiritual one, and that the Father in Heaven who does not wish the child's soul to die may possibly have created that child's body for the purpose of its not dying except in good old age. When one sees an unhealthy family, then in three cases out of four, if one takes time, trouble and care enough, one can, with the help of the doctor who has been attending them, run the evil home to a very different cause than the will of God; and that is to a stupid neglect, a stupid ignorance, or what is just as bad, a stupid indulgence."

—*Charles Kingsley*

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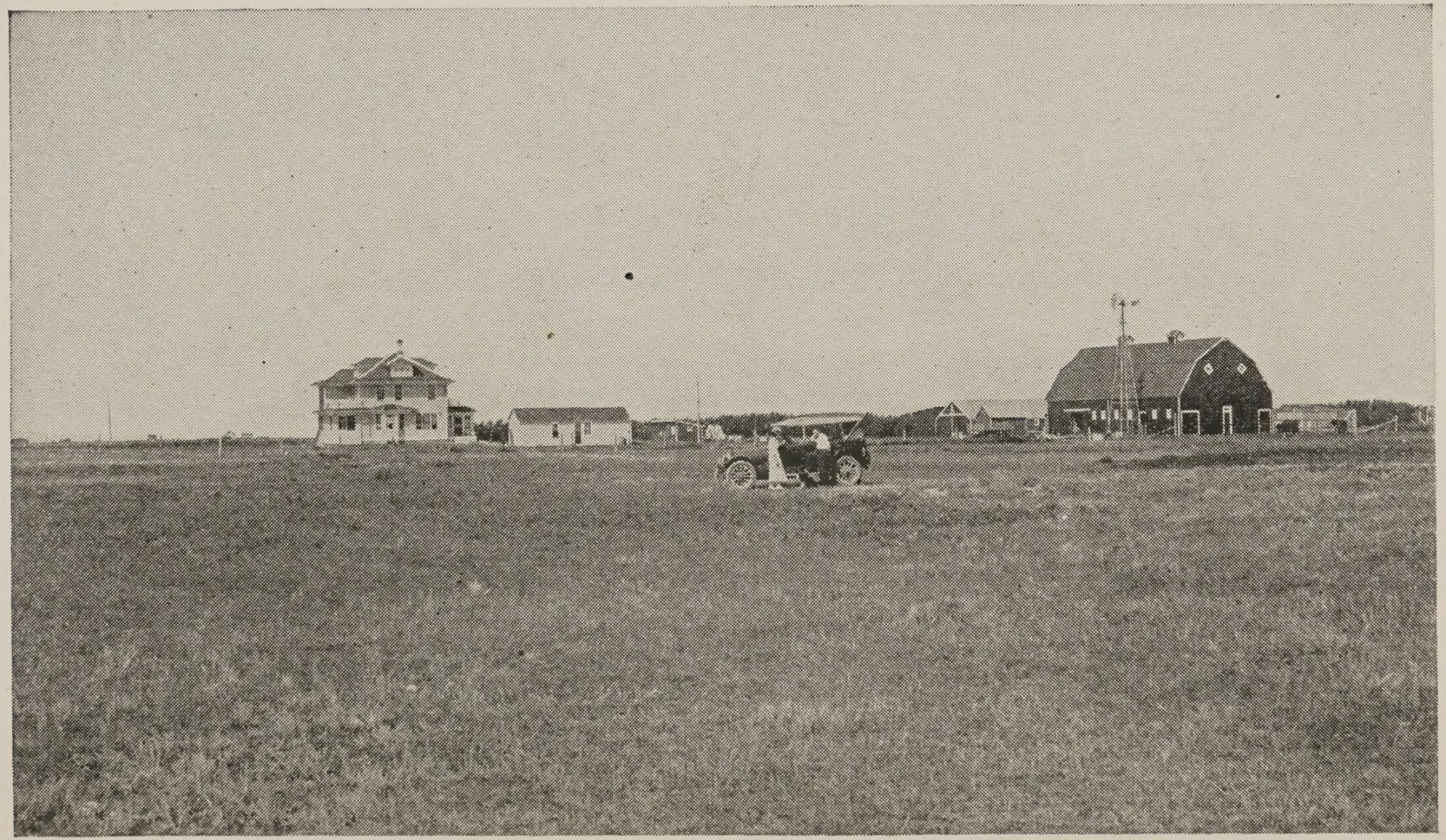

Comfortable Home. No Waste.
They are going to Plant Some Trees This Spring.

Canadian Government Motion Picture Bureau,
Ottawa.

D30.07

DOMINION OF CANADA

DEPARTMENT OF HEALTH

HOW TO TAKE CARE OF HOUSEHOLD WASTE

BY

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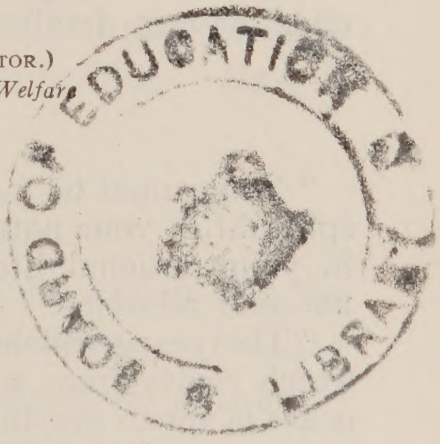

THE LITTLE BLUE BOOKS

HOUSEHOLD SERIES

OTTAWA

F. A. ACLAND

PRINTER TO THE KING'S MOST EXCELLENT MAJESTY

1923

"Waste Not—Want Not"

"The war has, of course, changed our outlook on most things, but with regard to the children's question, the change is to make one realize even more intensely the dominating importance in national life of all that affects the child. Only care of childhood can give us adult men of that force and vigour which is latent in the race, but which often bad conditions deform or suppress."

—Dr. L. Haden Guest.

"We must create a public opinion which will drive the government, instead of the government having to drive us—an enlightened public opinion, wise in principle, wise in details."

—Florence Nightingale

"You cannot be material in your domestic life and be spiritual in your national life. You cannot be material in your national life and be idealistic in your international relations.

"The peace which the world wants is not the peace which comes from a smashing conquest. That sort of peace is apt to sow the seeds of vengeance. I believe the women can help to bring to the world the real peace, the spiritual peace, the peace which passeth all understanding."

—Bishop Welldon

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HOW TO TAKE CARE OF HOUSEHOLD WASTE

WHEN you are building your house, plan for the disposal of waste. If you are going to have a garbage can, make a place for it.

The wastage from the house of a good manager and housekeeper is small, no trouble to anyone and no value to anyone. Reduce waste to the irreducible minimum.

In a farm home, everything edible can be given to the farm animals. The dog sometimes gets the bone, the hens dispose of eggshells. The pigs, little and big, get a good many things. Don't let any edible waste accumulate. Pass it on to the animals.

Burning

Many things which cannot be eaten can be burned in the stove or furnace—scraps of waste paper for example—and miscellaneous things.

In some houses a small incinerator or destructor for refuse is now being built and connected with the chimney. This plan is preferred by some housekeepers. It is economical to have the refuse dried and to use it as fuel in a hot-water heater.

Non-burning

Unburnable waste consists chiefly of old iron, broken glass and dishes, and tin cans. Old iron may be sold; broken glass and crockery may be broken into smaller pieces and used as a foundation for garden paths, roads or cement walks.

Make the house a present of a pair of tinsmith's scissors. With this tool you can cut and trim the cans to make flower-pots. These tins may also be used to hold different sizes of tacks and nails, matches, string and other miscellaneous articles. Small pieces of tin are often useful.

The Garbage Can

Would you not like to abolish the garbage can? Some housekeepers are doing without it. They do not like it. It attracts flies, is often a nuisance and costs money.

If you have a garbage can, be sure it is well and strongly made and that the lid fits tightly. Wastage should be dried, and wrapped securely in newspaper before putting it into the can. Boiling, scalding and thorough washing will clean anything which is worth keeping. Fats are valuable and should be used for making soap and other purposes.

The Garbage Can. W. J. Turnbull

Bury in a Trench

On a farm or in a garden it is a good plan to have a shallow pit or trench dug in some convenient place. Put the waste in the bottom of the pit or trench and then throw the earth loosely over it from the side of the trench so that it may be completely covered.

Ashes

Ashes should be kept in covered ash cans, separate from other waste.

Wood-ashes are excellent for scouring and also for fertilizing. Coal ashes should be properly sifted and screened, the cinders being kept for fuel. The clinkers and ashes may be used to make garden and other paths.

A Simple Incinerator

An outdoor incinerator made as follows may be found convenient.

Take four pieces of corrugated iron; fasten them together with wire; make a grating below of wires crossing about one inch apart. Make a small opening 3 by 4 inches at the lower edge of one side to give a draft. Place some kindling or other fuel on the grating, light it and scatter the garbage on the top. If preferred, wire fencing may be used to make a circular incinerator.

"Money was found for armaments against the Germans . . . . . It must now be found to make armaments against illness and death. If children had a fair start in life, more than ninety per cent of the prisons could be closed; quite half the hospitals and ninety per cent of the orphanages, child-care institutions and 'Homes' could be closed down. Half the number of police criminal judges would be needed. It is before birth and in the first few years of life that a human being's physical and spiritual health are determined forever. By the mother's health the child is made or marred; by the mother's spiritual deadness the home is made deadly and prison-like."

Mrs. M. L. Eyles

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